

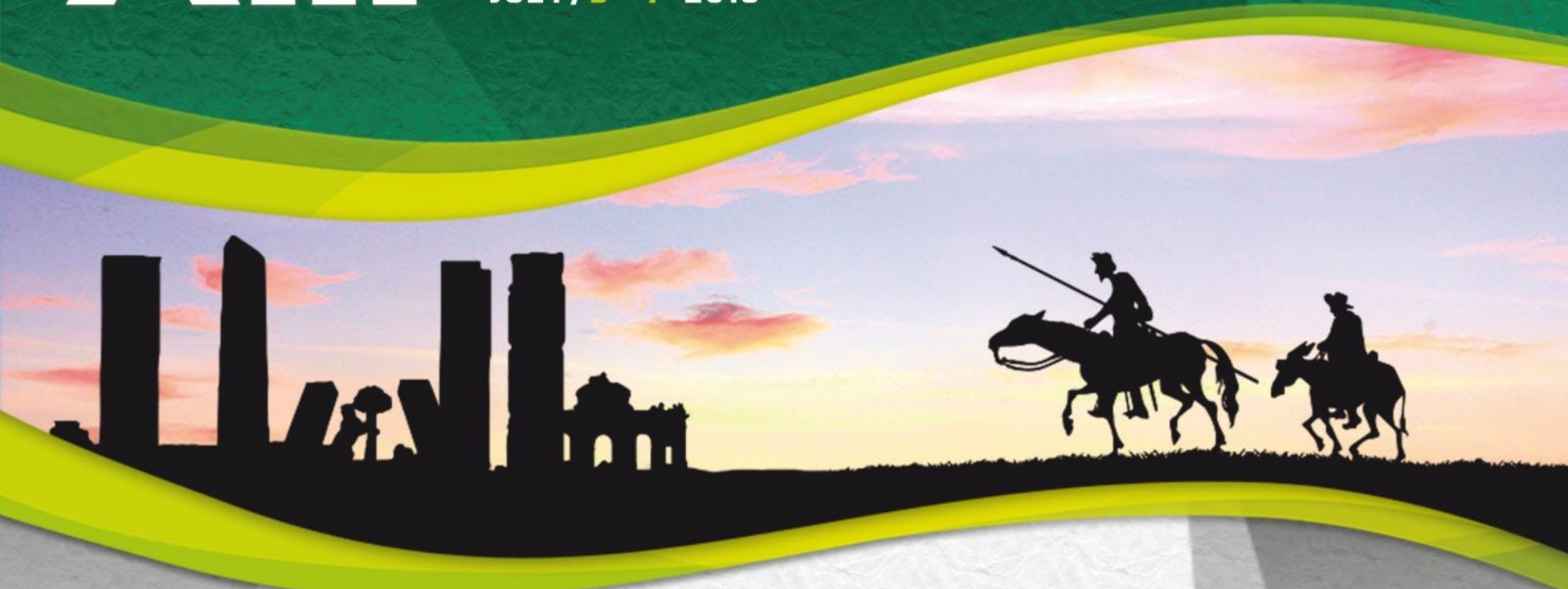
XIII WAPR World Congress

PALACIO MUNICIPAL DE CONGRESOS DE MADRID
JULY, 5 - 7 2018

Recovery, Citizenship, Human Rights
Reviewing consensus

www.wapr2018madrid.com
info@wapr2018madrid.com

FOLLOW US:  : WAPR
 : @wapr_amrp



MADRID2018

PSYCHOSOCIAL REHABILITATION IN MENTAL HEALTH

Organizers



International Endorsements



National Endorsements



Technical Secretariat



C/ Narváez 15 - 28009 Madrid - Tel. 902 430 960
Fax: 902 430 959 - info@fase20.com - www.fase20.com

A community project: Assessing needs in people with mental illness

Ermelinda Macedo(1); Analisa Candeias(1); Filomena Gomes(1); Ana Duarte(1);
Carla Azevedo(2); Sílvia Peixoto(2); Irene Silva(2); Catarina Iglésias(2); Antónia Garcia(2).

(1)University of Minho – School of Nursing. Braga, Portugal.

(2) Instituto das Irmãs Hospitaleiras do Sagrado Coração de Jesus – Casa de Saúde do Bom Jesus. Braga, Portugal.



Universidade do Minho
Escola Superior de Enfermagem



Irmãs Hospitaleiras
CASA DE SAÚDE DO BOM JESUS



Cofinanciado por:



UNIÃO EUROPEIA
Fundo de Coesão



Fundação para a Ciência e a Tecnologia
MINISTÉRIO DA CIÊNCIA, TECNOLOGIA E ENSINO SUPERIOR

The community, that is **essential** in the construction and maintenance of **well-being and quality of life**, has become a focus of attention of health professionals (Parker, Dark, Newman, Korman, Rasmussen & Meurk, 2017) that work with people with mental illness.

Recovery is developed in this space and it is a priority to assess the needs of people who go through this process.



Aims

Assess the needs of people with mental illness after hospital discharge in the scope of recovery.



Methods

This is a **quantitative, descriptive** and **exploratory** study, inserted in a broader investigation with people with mental illness, subjected to an **individualized intervention program** with 3 evaluation moments:

M0 - initial;

M1 - intermediate (2 months after onset of intervention);

M2 - final (4 months after the start of the intervention).

The sample, at this moment, consists of **29 individuals**.

This study intends to present results related to **M0**. Was applied a needs assessment instrument, developed by the research team; it was made a descriptive analysis of the data.

The study was approved by the Ethic Commission of the institution where the sample was selected.



Results

N = 29

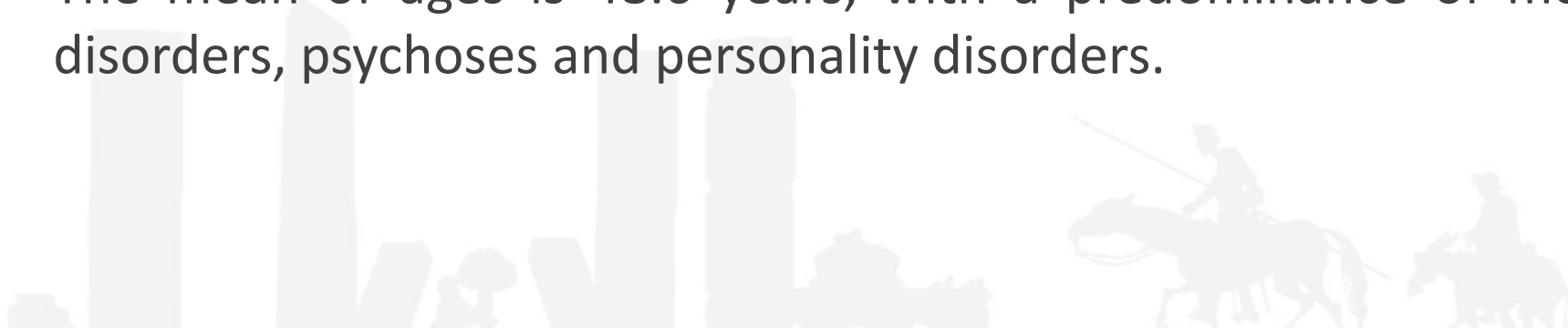
12 are employed

12 are unemployed

4 are retired

1 is studying

The mean of ages is 48.6 years, with a predominance of mood disorders, psychoses and personality disorders.



The needs assessment instrument evaluates **6 dimensions**:

- ◇ Social relationships;
- ◇ Illness;
- ◇ Economic;
- ◇ Access to health services and professionals;
- ◇ Psychological;
- ◇ Environment.



The higher is the score obtained, the lower is the need presented in that dimension.

By the descriptive analysis of the dimensions of the instrument, the **mean values** for each one are:

Social relations – 53.8

Disease – 61.4

Economic – 47.6

Access to health and professional services – 67.0

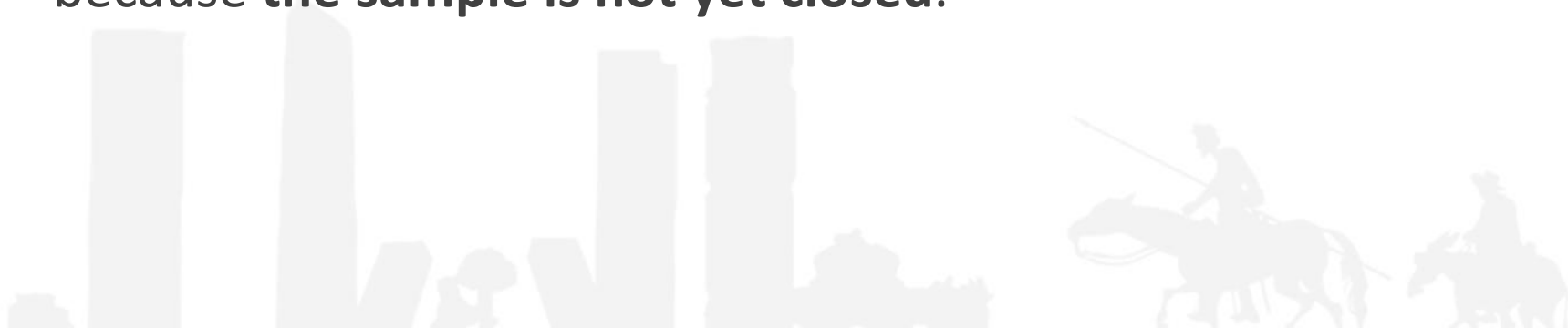
Psychological – 52.3

Environment – 74.0

Conclusions

The people evaluated present more needs in the **economic** and **psychological** scope. These data suggest to researchers an necessity of attention to these dimensions.

For each person an intervention program was designed, taking into account his/her needs. The data should be read with caution, because **the sample is not yet closed**.



projetointercomunicare@gmail.com

Thank you for your attention!
¡Gracias por su atención!
Obrigada pela sua atenção!



Universidade do Minho
Escola Superior de Enfermagem



Irmãs Hospitaleiras
CASA DE SAÚDE DO BOM JESUS



Nursing Research Center
Centro de Investigação em Enfermagem

Cofinanciado por:



UNIÃO EUROPEIA
Fundo de Coesão



Fundação para a Ciência e a Tecnologia
MINISTÉRIO DA CIÊNCIA, TECNOLOGIA E ENSINO SUPERIOR